



NEWSLETTER

AUGUST 2025



Welcome to our Summer Newsletter

We have had some lovely weather over the last couple of months and we hope you are enjoying the sunshine as much as we are. Let's hope it continues, our service users are certainly making the most of it with the longer days, fresh air and sunshine. It is the perfect weather for enjoying the outdoors.

Bath Road Fundraising



On the 17th August we enjoyed a wonderful afternoon tea party, the event was put on to raise funds for 'Acorns' our local Children's Hospice. They do an amazing job providing specialist palliative care for babies, children and young people with life-limiting or life-threatening conditions, as well as providing support for their families. There were loads of prizes for the tombola and a competition to guess the number of sweets in the jar. Well done to Patrick for guessing the closest number of sweeties in the jar.

Thanks to Josephine, Meg and Patrick for all the baking they did. The cakes were absolutely delicious.

Kelly and Danny created a lovely donation box, you can see how proud they are of it this was admired by all attending and to show appreciation people were very generous with their donations.

We raised just over £200 a big 'Thank You' to everyone who attended and donated so generously, for such a worthy cause.



Bath Road Holiday



For the past few years the residents went to one of their favourite places in Brean, this year they decided to have a change of scenery and go to Devon. They stayed at Buzzard Cottage a lovely holiday home nestled within the Blackdown Hills, an Area of Outstanding Natural Beauty.

They took a few day trips, they enjoyed a day at the The Donkey Sanctuary in Sidmouth, and had a very enjoyable time as they were able to get up close and mingle with the friendly donkeys, mules, and miniature donkeys. Their trip to the beach at Lyme Regis was eventful, they walked along the beach and had a little paddle. Whilst they were there they decided to have a takeaway from the chippie as they were really hungry after all the exercise they had taken during the day.

Dan went off to collect some food, warned by Josephine before he left that he needed to be mindful of the seagulls. Walking back, holding the food very tightly he was literary attacked by a very determined hungry seagull who snapped the top food container and flew into the distance with a large sausage! He couldn't quite believe it as he had been so careful following Josephine's advice. The boys ended up having to share their food as queuing up again would have delayed them getting back to the cottage to play table tennis.



Tuesday Club

We feel our service users benefit considerably by participating in activities and having social interaction with friends. This really benefits their wellbeing and enjoyment of life. Tuesday Club has been running now for four years, it has evolved over the years, the service users really enjoy getting together. Some attend weekly and others prefer just to join in when the activity is of interest to them.

The summer term was packed with a variety so there was something for everyone. Showcasing their creative skills for the community, they prepared a large amount of tie dye fabric for the helpers of the Worcester Show to make some bunting with. During the term they created two pieces of artwork and an embroidered tote bag.

A number of external trips were arranged for all to enjoy. They enjoyed a trip to the Simply Alpaca in Flyford Flavell. They enjoyed getting close to nature and the land. They went to Worcester Porcelain and two weeks later Kirsty went to collect their wonderful masterpieces.



First Aid



Sally from Pulse Training carried out some First Aid training with our staff team. It is such an important skill to have and empowers people to have the confidence to respond to emergencies. It was such an interesting and interactive course covering essential skills for handling various medical emergencies. We had hands on experience using a defibrillator.



When Kirsty told Micah about it he was really interested and decided to attend a demonstration course on how to use a defibrillator that was held at the Hub at the beginning of July.

Sports Day

All of our service users and a number of staff got together for a second year to compete with each other at the Country Side Park on the 15th June. Despite the fact the weather forecast wasn't great, it rained for a good part of the day. In true British spirit they braved the elements and made the most of the day. The sun did shine but not for long, when it rained they took shelter, enjoyed snacks and a picnic lunch.

It was lovely to see some family members attending to cheer on their loved ones. Abbie did a great job organising the programme for the day, she organised so many group and team based activities and of course the Staff Egg and Spoon Race was very entertaining, everyone put their best effort but could not keep up with Dan, he managed to hold the egg very steadily on the spoon right to the end. All clapped and gave him a huge round of applause to recognise his achievement - well done Dan!

Philip attended for the first time and he really enjoyed the day and many photos of him laughing and smiling were captured, some of which we have included below.



Toward the end of the day Marie the Gentle Dance Teacher popped along and got everyone dancing, it truly was a great end to the day. By all accounts everyone had a great time and slept well that night after all the exercise.