



Newsletter

April 2023

Welcome to our Spring Newsletter

As we step into Spring, we are getting used to the fact the clocks have moved forward. It certainly makes such a difference to our day to see and hear the birds chirping away when we wake up in the morning.

We are all much more eager to spend more time outdoors enjoying this ever-changing season, observing the foliage coming through and lovely flowers emerging from the ground. It is truly a lovely time of year with brighter evenings and longer days as we head through to summer months.



Getting ready for Easter

Our service users are looking forward to Easter, they have been busy crafting and baking. A few weeks ago, they made delicious cupcakes at Tuesday Club, where they all went to the local shop to purchase the ingredients for the baking activity.



They enjoyed that so much Rachel decided to arrange another baking activity for them ahead of Easter - they made **Chocolate Nest Cakes**.

Everyone really enjoyed the activity, particularly the end result when they got to eat them!! Gail and Andrea proudly brought some up to the office for us - what a treat, it certainly made our afternoon cuppa much more enjoyable!!

If you would like to make some for yourself, you can follow the recipe we have included.



If you celebrate Easter, we wish you a Happy Easter and if not, we hope you enjoy the sunshine and all the chocolate treats.



CHOCOLATE NEST CAKES

1. Crush the shredded wheat biscuits up in a bowl
 2. Add the rice crispies and stir
 3. Break the chocolate into a separate bowl and melt over hot water
 4. Add the chocolate to the cereal mixture and stir in well
 5. Add mixture to cake cases
 6. Top with mini eggs and allow to cool
- Notes:
Enjoyed best when shared.

The Light Festival

At the end of February, the light festival returned to Worcester. It is an event that all the residents at Bath Road enjoy so they went along. This year there was a fantastic programme of creative and interactive activities as well as street performers throughout the city. The residents enjoyed watching the performers, lights and shows as they strolled around the city. Their faces were beaming with smiles a sure sign that they were having a lovely time. On the way back to Bath Road they stopped off at the pub to enjoy a drink.



Birthdays

We all look forward to celebrating our birthdays but one person in particular loves when there is a birthday to celebrate and that is **Danny**. He knows the date of everyone's birthday and loves to have cake to celebrate the event.



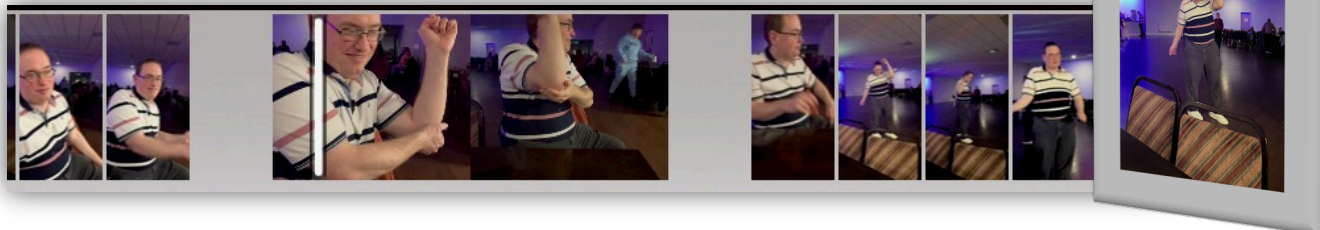
Michael and Danny recently celebrated their birthdays, Michael at the end of March and Danny at the beginning of April. Both spent the day of their birthday celebrating at home with their families and had a great time.

When they returned to Bath Road there were more presents waiting for them and of course another birthday cake to mark the occasion!! A real fuss was made of both of them and their favourite tea was on menu.

Michael was so pleased with the cake his parents made, he took a photo of it and showed it to all his friends from Outlook and Bath Road. We're sure you'll agree he certainly doesn't look the age of the number on the cake.

Disco Dancing

In December Michael started going to a dance club on a Monday night at the Archdale's Social Club. He really loves going to spend the evening enjoying the music and strutting his stuff on the dance floor - below, you can get a glimpse of his moves.



Crazy Golf



At the end of January Abbie, Meg and Kay took all the residents on a bus trip to Ravensmeadow Golf Club in Claines to play a round of crazy golf. They thoroughly enjoyed the bus trip there and back. Whilst walking around the course it started to rain heavily, luckily they were near to the Café, so they paused the game and went to have some lunch. Very nice it was too so all contented with drinks and food they finished off their round of crazy golf.



World Book Day



On the 3rd March Rachel organised a speaker from the Hive to come and give the WI group a talk about books and in keeping with the theme of World Book Day she encouraged all the members to dress up in their favourite character.

Everyone made a great effort and the winner of the Patience Broad Cup was awarded to our very own Annable AKA Mary Poppins - we're sure you will agree she was a very worthy winner.



Litter Pick

The Keep Britain Tidy campaign was founded by the National Federation of the Women's institute in 1954. On Friday 24th March members of the Rainbow WI decided to go out into the community for an hour to do a litter pick. The President Kim arranged to borrow some high vis

jackets, litter pickers and hoops from the Pump House for the activity.



It was touch and go with the weather as just before they started the heavens opened and it rained for a few minutes and then the sun came out. All those involved met at the Rainbow Hill Community Hub, Kevin brought Gail, Annabel and Andrea over from Redditch to take part and as you can see, they were very happy to be involved. The team spent an hour in the surrounding area and between them they collected a whopping 5 large bags of rubbish. Everyone worked hard, it was great to see the difference it made to the surrounding area. When they got back

to base there was tea and cake waiting for them and they certainly enjoyed their well-earned cuppa. Kim very kindly packed all the bags of rubbish in her car and took them off to the dump. Well done everyone!!



Welcome to Simba

Brett and his family welcomed a new family member Simba towards the end of January. Unfortunately, their little dog Jake became unwell and passed away just before Christmas, they were so sad when this happened. They were just thinking about getting a new dog and had a look online, when they came across Simba. They just had to arrange a visit, and as you can imagine they fell in love with him straight away and offered to rehome him. He was only four months at the time, so a lot puppy training is going on. He settled in straight away to his new home and surroundings. Brett takes him into work and as you can imagine the staff and service users completely adore him.



The Big Lunch

Josephine has arranged for a Coronation Big Lunch at Bath Road on Sunday 7th May following the Coronation Service for His Majesty the King and Her Majesty the Queen Consort. We are hoping that the sun will be shining brightly, so that friends and families can enjoy an afternoon together. It certainly will be a historic event and will be lovely to see everyone that's able to attend.

SAVE THE DATE
SUNDAY MAY 7TH 2023



At 85 Bath Road
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Details to follow