

Wishing you all a very
Happy and joyful Easter

Nuneaton Festival of Arts

Gallery. Full details can be seen on their website www.nuneatonfoa.org.uk



All of our service users have been busy utilising their creative skills and preparing their entries to showcase at the festival. As you can see they are all very pleased with their creations.

Should you wish to go along to see the entries they are being displayed at the Nuneaton Museum and Art

Congratulations Craig



We're delighted to share with you that Craig entered two of his drawings in the Art Category — one of his pieces was selected for a special award!

We certainly believe that this recognition is truly well-deserved, he is an exceptionally talented artist. Noah took him to the award ceremony on 21st March, Craig beamed with pride as he proudly received his **"Certificate of Achievement"** for his masterpiece.



BBQ and Craft Show

On the 27th June we are hosting a special event here at the Rainbow Hill Community Hub and it would be lovely to see as many family members as can make it on the day. During the next term of Tuesday Club the service users will be busy preparing entries for the craft show, so please do come along and join us.



Pancake Day

Preparing, cooking and eating pancakes on Shrove Tuesday has become a well-loved tradition for many trying their hand at pancake tossing and even pancake racing. Jackie lead the garden race at the Outlook Project and Abbie supervised the cooking of the pancakes at Bath Road.

Everyone immersed themselves totally in this activity, they absolutely loved it though we have a sneaking suspicion their enthusiasm may have had something to do with the delicious pancakes waiting at the finish line!



There's nothing more enjoyable than a stack of mouthwatering pancakes, whether they are covered in just plain old lemon and sugar or delicious strawberries.

Now for some completely random, but mind blowing facts about Pancake Day.

Did you know that...

- British households consume 52 million eggs on Pancake Day, 22 million more than a regular day.
- The largest pancake was made in Manchester in 1994, measuring 49ft 3in (15.01m) in diameter.
- The highest pancake toss reached 3.29 metres high
- Origins of the Term: The phrase "as flat as a pancake" has been in use since 1761, though similar phrases date back to 1611

BSL at Rainbow WI

Gail, Annabel, Andrea and Kelly have been members of the WI since its inception in November 2021. They really enjoy being part of it, in fact it's one of the highlights of the month for them.

The group is very inclusive and keen to learn some BSL, and there's no better person to teach them than Annabel. At the March meeting, she taught the group a few words, and Karen, the newly elected president, has asked her to continue this wonderful work in raising awareness of BSL.

Angela turns 75



Angela turned 75 in January and is looking very well, despite her sight deteriorating. She remains extremely content living at the Outlook Project.

She is very well looked after and enjoys being pampered and particularly looks forward to her weekly appointments with the mobile hairdresser.

Kay, her Key Worker, organised a collection for her birthday and bought her some new pyjamas and tops. Angela loved opening her presents and was delighted with them.



Pamper Day for Kelly



Sian took Kelly out for a lovely pamper day. They started at the hairdresser, then enjoyed a nice lunch together before popping into Affordable Recliners on London Road to look at recliner chairs. Kelly tried out quite a few, but one in particular was a clear favourite—a beautiful green recliner with heated cushions and a massage control. It was so comfortable that getting her out of it was a challenge!

Judson was able to deliver the chair that afternoon, Kelly's smile beamed from ear to ear when it arrived. When she sat in it in the lounge for the first time, she gave Judson a big thumbs-up. No doubt she'll enjoy the occasional cosy nap in it during the day.

Display Board at Bath Road!



We really appreciate the fantastic efforts from both service users and staff in creating a wonderfully artistic display board that brings the calendar year to life.

In just the first three months, they've truly put their creativity to work! In February they kicked things off with vibrant artwork for the Chinese New Year, followed by cheerful creations for St David's Day on 1st March, then making a few clever tweaks to transform their display into a lovely St Patrick's Day collage. Everyone has played a part, and the results are as colourful and joyful as the celebrations themselves!

Solihull Barons Ice Hockey



Sam has long been a longtime devoted supporter of the Solihull Barons, his enthusiasm is clearly contagious as he has encouraged Leo, Gail, and Annabel to join him in cheering on the team and it looks like they have become keen supporters themselves, though we do suspect that the post-game trip to the chippy might have something to do with their enthusiasm!

He is so pleased with their performance this season but sadly it will soon draw to a close at the end of March. He is looking forward to September with games will start again.